


Evening Menu



Week 1	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP	Chef Choice	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Cheesy Beans Pasta Bake V	Tandoori Salmon served with Rice and Green Beans	Chicken Katsu Curry & Rice H	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread H
	Vegetable & Lentil Stew Ve	Cherry Tomato Quiche V	Twice Baked Jacket potatoes V	Vegetarian Sausage Toasties V
CHEF SPECIAL	Ask Chef about todays special!			
DESSERT	Sponge Cake & Custard V	Fresh Fruit Trifle V	Fresh Fruit Salad Ve Yoghurts V	Ginger Biscuits V



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

H Halal option available
V Vegetarian
Ve Vegan
 Oily fish

Evening Menu



Week 2	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP	Chef Choice	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Veggie Spaghetti Bolognese with Garlic Bread Ve V	Sausage Casserole	Beef Chilli Tacos H	Chicken Shwarma, wraps & Salad H
	Welsh Rarebit V	Quorn Stovies V	wholemeal pesto pasta Ve	Cheese & Tomato Toasties V
CHEF SPECIAL	Ask Chef about todays special!			
DESSERT	'Chocolate' Fudge Cake V	Oat Cookies V	Scones V	Manchester Tart V



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Week 3	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP	Chef Choice	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Wholemeal pizza & wedges V	Salmon Fish Pie	Meatball Sub	Chilli Con Carne with wedges & Creme Fraiche H
	Asian Noodles V	Vegetarian Chilli with Rice Ve	West African Jollof Rice V	Twice Baked Jacket potato V
CHEF SPECIAL	Ask Chef about today's special!			
DESSERT	Apple & Oat Crumble with Pouring Cream V	Homemade Rice Pudding with Strawberry Jam V	Iced Sponge Cake with Custard V	Fresh Fruit Salad Ve


Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Week 4	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP	Chef Choice	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Quorn Mince Cottage pie V	Chinese Chicken Curry with Wholemeal Rice & Prawn Crackers H	Chef Daniel's Beef & Bean Quesadillas H	Beef Stifado with Rice H
	Broccoli & Cream Cheese Pasta Bake V	Aubergine Gratin V	Vegetable & Lentil Stew Ve	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread V Ve
CHEF SPECIAL	Ask Chef about today's special!			
DESSERT	Apple & Oat Crumble with Pouring Cream V	Homemade Rice Pudding with Strawberry Jam V	Iced Sponge Cake with Custard V	Fresh Fruit Salad Ve



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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 Oily fish